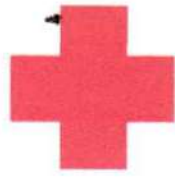




MMK & SDM MAHILA MAHAVIDYALAYA

KRISHNAMURTHY PURAM, MYSORE



Youth Red Cross

REPORT ON EYE CHECK UP CAMP

PRINCIPAL

MMK & SDM Mahila Mahavidyalaya
Kriah: amurthypuram, Mysore-570 006

PREPARED BY:

SHIVABEERAPPA.M

PROGRAM OFFICER

YOUTH RED CROSS

1. INTRODUCTION: -

MMK & SDM Mahila Mahavidyalaya in association with Nethradhama Eye Hospital Organized Eye Checkup Camp. An eye check-up camp is a valuable initiative aimed at promoting eye health and providing accessible vision screening for individuals. It offers an opportunity for people to have their eyes examined, detect potential eye conditions or vision problems, and receive appropriate guidance and treatment, ultimately improving their overall visual well-being.

2. OBJECTIVES:


1. Early Detection: To identify and diagnose eye conditions or vision problems at an early stage, allowing for timely intervention and treatment.
2. Preventive Care: To promote preventive measures and educate individuals about maintaining good eye health through proper eye care practices.
3. Accessible Screening: To provide convenient and accessible vision screening services to individuals who may not have regular access to eye care facilities.
4. Referral and Follow-up: To refer individuals with identified eye conditions or vision problems for further evaluation and appropriate follow-up care.
5. Awareness and Education: To raise awareness about the importance of regular eye check-ups and educate the community about common eye health issues and preventive measures.

3. PROCEEDINGS OF THE PROGRAM

1. Vision Screening: Trained optometrists conducted comprehensive eye screenings for participants to assess their visual acuity and identify any potential eye problems.
2. Refraction Tests: Individuals received refraction tests to determine the appropriate prescription for corrective eyeglasses if needed.
3. Eye Health Examination: The camp included thorough eye health examinations, checking for conditions like cataracts, glaucoma, and other eye diseases.
4. Counselling and Guidance: Participants received personalized counseling and guidance based on their eye health assessment, educating them about eye care practices and treatment options.
5. Awareness and Education: Information sessions and workshops were conducted to raise awareness about the importance of regular eye check-ups and eye health maintenance.

Impact

- Increased Access to Eye Care: The camp provided an opportunity for individuals, especially those from underserved communities, to receive essential eye care services.


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- **Early Detection and Treatment:** Many participants had their eye conditions detected early, allowing for timely treatment and preventing further deterioration of their vision.
- **Improved Visual Well-being:** The distribution of spectacles to those in need improved the visual acuity of participants, enhancing their daily activities and quality of life.
- **Eye Health Awareness:** The camp raised awareness about the significance of regular eye check-ups and encouraged participants to prioritize their eye health.
- **Collaborative Efforts:** The partnership between MMK & SDM Mahila Mahavidyalaya and Nethradhama Eye Hospital showcased the impact of collaborations in community-based healthcare initiatives.

4. NO OF STUDENTS ATTENDED

64 Students

5. OUTCOME

In conclusion, the eye check-up camp has been successful in benefiting 64 students by providing them with access to necessary vision screening and eye care services. Through this initiative, these students have received early detection and intervention for any potential eye conditions or vision problems, contributing to their overall eye health and well-being. The camp's impact reinforces the importance of such programs in promoting and safeguarding the visual health of students, ensuring a brighter future for their academic and personal endeavors.

6. TIMETABLE OF THE PROGRAM

DATE: 21-1-2023

TIME: 10 AM Onwards

NAME OF FACULTY INVOLVED: Shivabeerappa.M, YRC program officer

VENUE: COLLEGE PREMISES


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Prof. Sainath Malligemadu
Principal

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Date :

List of Youth Red Cross volunteers attended eye check up camp held at college on 21-01-2023

SI NO	NAME	CLASS	SIGNATURE
1.	THANVI M P	BCA 3RD SEM III SEM [BCA 2021-2025]	Thanvi M P.
2.	YASHASWINI R [LATHA]	B. COM 5TH SEM V SEM [B.COM 2020-2023]	Yashaswini R.
3.	MEGHANA B R [RAVIKUMAR.]	B SC-P C 1ST SEM I SEM [B.SC-P C 2022-2026]	Meghana B R.
4.	NANDINI M [MAHADEVASWAMY.]	BCA 5TH SEM V SEM [BCA 2020-2023]	Nandini M.
5.	UMME KULSUM [ASGHARULLAKHAN.]	B SC-P C 1ST SEM I SEM [B.SC-P C 2022-2026]	Ummeh.
6.	SWAPNA R [RAVINAIDUR.]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	Swapna R.
7.	LIKITHA N [NINGARAJU.]	BBA 3RD SEM BBA III SEM [BBA 2021-2025]	Likitha N.
8.	AMRUTHA V [VELU]	B.SC (PMC) 5TH SEM V SEM [B.SC-PMC 2020-2023]	Amrutha V.
9.	POOJA C R [RAVI.]	B.SC-M CS 1ST SEM I SEM [B.SC-M.CS-2022-2026]	Pooja C R.
10.	LAKSHMI C M [MAHADEVAC]	B.SC-M CS 1ST SEM I SEM [B.SC-M.CS-2022-2026]	Lakshmi C M.
11.	HEMA P [PRAVEENS]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	Hema P.
12.	VARSHINI	PCMB 2ND YEAR 2ND YEAR [PUC PCMB 2021-2023]	Varshini.
13.	GOWTHAMI U [BALAJI]	B. COM 5TH SEM V SEM [B.COM 2020-2023]	Gowthami U.
14.	MEGHANA M [MOHANKUMARMC.]	B.SC-PM 1ST SEM I SEM [B.SC-P M-2022-2026]	Meghana M.
15.	ASHWINI B S [BABUEPOOJARI.]	B.SC-PM 1ST SEM I SEM [B.SC-P M-2022-2026]	Ashwini B S.
16.	PRATHIKSHA URS [VISHWANATHRAJEURSM.]	BCA 3RD SEM III SEM [BCA 2021-2025]	Prathiksha URS.
17.	BHUVANA S [LATE.SHANTHAPPAM.]	BCA 3RD SEM III SEM [BCA 2021-2025]	Bhuvana S.
18.	JAHNAVI G BEDRE	B.SC (BTBM) 3RD SEM III SEM	Jahnavi G Bedre.


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Date :

	[NKGANAMURTHY.]	[BTBM 2021-2025]	
19.	LAKSHMI R [LATERAGHAVENDRAEM.]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	Lakshmi.R
20.	KEERTHI H M	BCA 5TH SEM V SEM [BCA 2020- 2023]	Keerti
21.	R M BHUVANA [MAHESWARA.]	B.SC (BTBM) 5TH SEM V SEM [B.SC-BTBM 2020-2023]	Bhuvana
22.	ANUSHA S [SHIVADAS]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	A
23.	TEHARIN [MOHAMMEDSHAFI]	BCA 5TH SEM V SEM [BCA 2020- 2023]	Teharika.M
24.	KRUTHIKA M [MALLESHEM.]	BCA 3RD SEM III SEM [BCA 2021- 2025]	Krutika.M
25.	LAKSHMI S K [KRISHNA.]	BCA 5TH SEM V SEM [BCA 2020- 2023]	Lakshmi.S.K
26.	SOUNDARYA M [MALLESHA.]	BCA 5TH SEM V SEM [BCA 2020- 2023]	Sandhya
27.	CHANDU C [CHANDRASHEKAR.]	BCA 5TH SEM V SEM [BCA 2020- 2023]	Chandu.C
28.	MADHUSHRI M [MAHESHP.]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	Madhu
29.	VARSHA M [MSMAHESH.]	BBA 3RD SEM, BBA III SEM [BBA 2021-2025]	Varsha
30.	VANDANA S [SRIKANTA.]	BBA 3RD SEM BBA III SEM [BBA 2021-2025]	Vandana.S
31.	NANDINI SINGH [RAJESH SINGH.]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	Nandini
32.	AKSHATHA M N [NAGARAJ]	BBA 5TH SEM BBA V SEM [BBA 2020-2023]	Ak.
33.	ANAM FATHIMA [JAMEELAHMED.]	BBA-NEP I SEMESTER I SEM [BBA 2022-2026]	Anam
34.	SANJANA M S [SRIDHARMV.]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	Sanjana
35.	SANJANA S N	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	Sanjana.S.N
36.	SAHANA A [ANKAPPA.]	BCA 5TH SEM V SEM [BCA 2020- 2023]	Sahana
37.	SHRUTHI KUMARI SINGH	B.SC (BTBM) 5TH SEM V SEM [B.SC-BTBM 2020-2023]	Shruthi.K


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38.	KAVITHA J KATTISHETTAR [JAGADEESHAPPA.]	BCA 5TH SEM V SEM [BCA 2020-2023]	
39.	POOJA V [VISHWANATH.]	BCA 5TH SEM V SEM [BCA 2020-2023]	Pooja V
40.	MEGHANA S [SATISHKUMAR.]	B. COM 5TH SEM V SEM [B.COM 2020-2023]	Meghana S
41.	MANDARA N [NATARAJUM.]	B. COM 5TH SEM V SEM [B.COM 2020-2023]	M.
42.	DAYANA S [SRINIVAS.]	BBA 3RD SEM BBA III SEM [BBA 2021-2025]	Dayana S
43.	ANANYA G [GOVINDAR.]	B.SC (PCM) 5TH SEM V SEM [B.SC -PCM 2020-2023]	Ananya
44.	THASHVI GANGAMMA KC [KMCHENGAPPA.]	BBA-NEP I SEMESTER I SEM [BBA 2022-2026]	Thashvi
45.	RATHNASHREE R [RAMANPG]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	Rathnashree
46.	NAGA ASHWINI V [VENKATNAGESH.]	BBA-NEP I SEMESTER I SEM [BBA 2022-2026]	Naga Ashwini
47.	PADMA G [GURUSWAMY.]	B.SC (PCM) 3RD SEM III SEM [PCM 2021-2025]	Padma
48.	M VARSHINI	BCA 1ST SEM I SEM [BCA 2022-2026]	Varshini
49.	PRAGATHI [PRAKASH.]	B. COM 5TH SEM V SEM [B.COM 2020-2023]	Pragathi
50.	SRUSHTI R [RAJESHKUMAR.]	B.SC (PCM) 5TH SEM V SEM [B.SC -PCM 2020-2023]	Srushti
51.	SHALINI S [SRIKANTAMURTHYC]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	Shalini
52.	SUKALPA S [SHANTHALA]	B. COM 3RD SEM III SEM [B.COM 2021-2025]	Sukalpa
53.	IMSHA GAIMA [SHIAKHMOHIDDINGAIMA.]	BCA 3RD SEM III SEM [BCA 2021-2025]	Imsha
54.	HAMSA R [RAJUGOWDAM.]	BCA 3RD SEM III SEM [BCA 2021-2025]	Hamsa
55.	ANANYA URS B [BASAVARAJEURS.]	BCA 3RD SEM III SEM [BCA 2021-2025]	Ananya
56.	SAI SURABHI JK [KRISHNAMOHANJK.]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	Surabhi
57.	BHAVANA S [SURESH.]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	Bhavana


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58.	SANJANA K [KEMPARAM.]	B.SC-M CS 1ST SEM I SEM [B.SC-M.CS-2022-2026]	<i>Sans</i>
59.	SOWPARNIKKA S [SELVANS]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	<i>Sowparnika</i>
60.	VANI S [SAROJA]	B SC-B M 1ST SEM I SEM [B.SC-B M 2022-2026]	<i>Vani</i>
61.	POOJA M [MURTHYK.]	B SC-B M 1ST SEM I SEM [B.SC-B M 2022-2026]	<i>Pooja.M</i>
62.	JAYALAKSHMI N S [KKSHASHIDHARA.]	B SC-B M 1ST SEM I SEM [B.SC-B M 2022-2026]	<i>Jayalakshmi</i>
63.	KEERTHANA S [SHIVAKUMAR.]	B.COM I SEMESTER B.COM I SEM [B.COM 2022-2026]	<i>Keerthana.S</i>
64.	SAHANA C K [KARIGOWDA.]	B.SC (PCM) 5TH SEM V SEM [B.SC -PCM 2020-2023]	<i>Sahana</i>

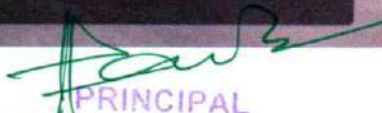
Shubhanga
PROGRAM OFFICER

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8.PHOTO GALLERY:




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ಎಸ್‌ಡಿಎಂ ಕಾಲೇಜಿನಲ್ಲಿ ನೇತ್ರ ತಪಾಸಣಾ ಉಚಿತ ಶಿಬಿರ



• ಕನ್ನಡಪ್ರಭ ವಾರ್ತೆ ಮೈಸೂರು ನಗರದ ಎಂಎಂಕೆ ಮತ್ತು ಎಸ್‌ಡಿಎಂ ಮಹಿಳಾ ಕಾಲೇಜಿನ ವೋಷಕ ಶಿಕ್ಷಕ ಸಮಿತಿ ಮತ್ತು ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್ ನೇತ್ರಧಾಮ ಮಲ್ಟಿಸ್ಪೆಷಾಲಿಟಿ ಕಣ್ಣಿನ ಆಸ್ಪತ್ರೆ ಸಹಯೋಗದೊಂದಿಗೆ ಉಚಿತ ನೇತ್ರ ತಪಾಸಣಾ ಶಿಬಿರವನ್ನು ಆಯೋಜಿಸಲಾಗಿತ್ತು.

ಈ ವೇಳೆ ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲ ಪ್ರೊ. ಸಾಯಿನಾಥ್ ಮಲ್ಟಿಗಮಾಡು ಮಾತನಾಡಿ, ಪಂಚೇಂದ್ರಿಯಗಳಲ್ಲಿ ಕಣ್ಣಿಗೆ ಮಹತ್ವವಿದೆ. ಜಗತ್ತನ್ನು ನೋಡುವ ಮತ್ತು ಮತ್ತೊಬ್ಬರನ್ನು ಗುರುತಿಸುವ ಮಹತ್ವದ ಕಾರ್ಯನಿರ್ವಹಿಸುವ ಮಾನವನ ಅಂಗ ನೇತ್ರವಾಗಿದೆ. ಕಣ್ಣಿನ ಸಂರಕ್ಷಣೆ ಎಲ್ಲಾ ವೋಷಕರು ಮತ್ತು ವಿದ್ಯಾರ್ಥಿಗಳು ಅತಿ ಜಾಗರೂಕತೆಯಿಂದ ನಿರ್ವಹಿಸಿ, ಅದರ ಅನುಕೂಲತೆಗಳನ್ನು

ಪಡೆಯಬೇಕು ಎಂದು ಹೇಳಿದರು. ಕಾಲೇಜಿನಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಮತ್ತು ವೋಷಕರಿಗೆ ಈ ಸೇವಾ ಚಟುವಟಿಕೆಗಳನ್ನು ಮಾಡಿದ್ದು, ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ವೋಷಕರು ನೇತ್ರದಾನವನ್ನು ಮಾಡುವ ಮೂಲಕ ಮತ್ತೊಬ್ಬರ ಬಾಳಿಗೆ ಬೆಳಕನ್ನು ನೀಡುವ ಮಹತ್ವದ ಕಾರ್ಯದಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳಿಕೊಳ್ಳಬೇಕು ಎಂದು ಅವರು ಕರೆ ನೀಡಿದರು.

ಸುಮಾರು 150 ವೋಷಕ, ವಿದ್ಯಾರ್ಥಿಗಳು ಉಚಿತವಾಗಿ ಕಣ್ಣಿನ ತಪಾಸಣೆಯನ್ನು ಮಾಡಿಸಿಕೊಂಡರು.

ನೇತ್ರಧಾಮ ಮಲ್ಟಿಸ್ಪೆಷಾಲಿಟಿ ಆಸ್ಪತ್ರೆಯ ವೈದ್ಯಾಧಿಕಾರಿ ಡಾ. ಚಂದ್ರಶೇಖರ್, ಡಾ. ದಿವ್ಯಶ್ರೀ, ವೈಆರ್‌ಸಿ ಘಟಕದ ಸಂಯೋಜಕ ಶಿವ ಬೀರಪ್ಪ, ವೋಷಕ ಶಿಕ್ಷಕ ಸಮಿತಿಯ ಸಂಚಾಲಕಿ ಚೈತ್ರ, ಮಾರುತಿಪ್ರಸನ್ನ ಮೊದಲಾದವರು ಇದ್ದರು.

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MMK & SDM MAHILA MAHAVIDYALAYA

KRISHNAMURTHY PURAM, MYSORE



Youth Red Cross

REPORT ON COVAXIN BOOSTER DOSE DRIVE

PREPARED BY :

Shivabeerappa.M

Program officer

Youth Red Cross

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